Start at Glass Street free car park – NO 297 018, KY7 6DP

1. Turn right out of car park, keep to this side and turn right to Balbirnie Street passing war memorial on left to crossroads. Go left along Betson Street past Town Hall and Old Police Station on left and primary school on right (note ‘ship’ style architecture with ‘portholes’), then right to George Street at former Municipal Buildings (the large stone crow stepped gabled building donated to Markinch by the Balfour of Balbirnie family, opposite which is a large red brick building, formerly Balgonie Colliery and Brickworks offices). Continue along George Street and take a left in to Guthrie Crescent and go straight across next junction to a stone bridge.

2. Cross the bridge and take the path immediately on right to join cycle route no 766, the former branch line from Markinch to Leslie that opened in 1861 at a cost of £35,000. At the next junction go left and cross Balbirnie Viaduct. In the valley to your right from the viaduct can be seen reused buildings from Balbirnie Wool Mill, now a gym. To your left is the ten arch viaduct carrying the main east coast line built across the River Leven in the 1840s. It was one of the greatest engineering feats of its time, involving hundreds of workmen including Italian stonemasons.

3. The path emerges in Alburne Park named after English plasterer Thomas Alburn, ‘the best plaisterer that ever was yet in Scotland’ who in the early 1700s built an inn here on the main Burntisland-Cupar coach road known as the Plaisterer’s Inn.

4. Go left and left again at next junction. Follow road round to face a large care home. Go up right side of home and over footbridge. Follow footpath from Prestonhall roundabout alongside a section of dual carriageway with Auchmuty High School on your left. Just before next roundabout (Queensway) Morrisons, Asda and other retail outlets are to your right. Head diagonally left at Queensway roundabout to access the covered Kingdom Shopping Centre, Rothes Halls, library and bus station.
Quick route to Glenrothes supermarkets, town centre etc  2miles/3.2km

Town Centre shops, library, bus station etc

Asda – Aldi etc

Morrisons